

3 July 2019

Children and young people's mental health waiting times, quarter 4 2018/19

Introduction and context

Greater Manchester has committed to collate and publish publicly waiting times data for children and young people's mental health services. This is the third briefing continues that pledge of transparency and shows data from 1 January 2019 to 31 March 2019.

This data covers specialist NHS community child and adolescent mental health services only, including eating disorders.

The figures show that Greater Manchester continues to perform above the NHS England target for access to services. The data shows 35.7% of children and young people in Greater Manchester with a diagnosable mental health condition (based on a national 2004 prevalence study) received treatment from an NHS-funded community mental health service; delivering the national target for 2020/21 two years ahead of ambition.

Greater Manchester collates and publishes publicly waiting times data for children and young people's mental health services and we have committed to providing quarterly updates on the Greater Manchester waiting time position.

Current figures at March 2019 show:

- The average wait across Greater Manchester for a first appointment is 7.81 weeks
- Average wait across Greater Manchester for a second appointment is 13.45 weeks
- Average wait across Greater Manchester for a third appointment once accepted into treatment is 5.13 weeks.
- All three appointment waiting times areas for Greater Manchester have reduced since quarter 3.
- We recognise that although we are increasing access far more than when compared nationally that there is still more to do. Improving access is underpinned by the timeliness it takes to receive support and treatment. Across GM localities there are different challenges to this. Therefore, we are initiating support to reduce variation and have established waiting times pilots (Wigan & Trafford) focusing on practices and techniques to support improvement in access and waiting times. As we learn we will share this to drive improvement in access and waiting times across GM.

Improving Access

Nationally outturn performance was 29.0%. In March, in Greater Manchester, we are performing at 35.7%, therefore meeting the national 20/21 target two years ahead of the ambition.

What the data is showing

GPs remain the single biggest single referrer to services at 37.92%. Other referrals come from amongst other individuals, education, community paediatrics, social workers and A&E.

A total number of 46,640 children and young people new referrals were accepted in the period 1 April 2018 to 31 March 2019 to NHS CYP Mental Health Services.

More were male (54.98%) than female (44.94%) and most referrals are for children ages 5 – 16, with a small number on either side.

Referral to first appointment by CCG (Clinical Commissioning Group).

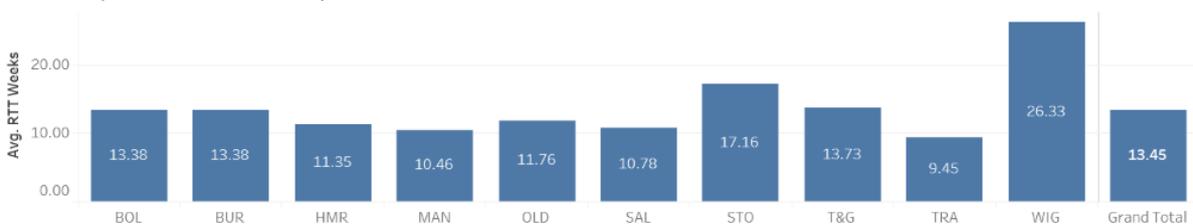
Waited Weeks Referral to First Appointment by CCG



- The average wait for a first appointment has reduced from the last quarter to 7.81 weeks.

Referral to second appointment (or referral to treatment) by CCG.

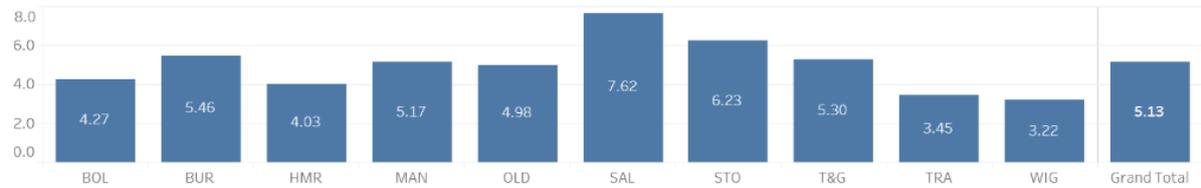
RTT Weeks (2nd Direct Appointment) by CCG



- The average wait to the second appointment has reduced from the last quarter to 13.45 weeks.

Second appointment to third appointment (Average time to next treatment appointment for assessment completed) by CCG.

Waited Weeks Second to Third Appointment Wait by CCG



- The average wait for a third appointment once accepted into treatment has marginally improved from the last quarter to 5.13 weeks.